Holy Thursday March 24, 2016.

'This is my body that is for you. Do this in remembrance of me....This is the cup of the new covenant in my blood. Do this as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes (1 Cor. 11: 24-26).

This solemn celebration of the Mass of the Lord's Supper begins the Paschal Triduum during which the Church will celebrate the greatest mysteries of the Redemption. Holy Week, Easter and the 'holy fifty days' of the Easter season culminating in the celebration of Pentecost, all combine to spread the Easter mystery out before us in time in all its detail. In this Mass we commemorate three mysteries in their detail: the institution of the Eucharist, the institution of the Priesthood, and our Lord's command of brotherly love. In commemorating these mysteries, we recall them; we remember them but not in the way that we remember an event in the past as we would for example a birthday or an anniversary. The Church uses a very specific word to describe the remembering that takes place at holy Mass; the word is anamnesis. Anamnesis has the sense of recalling or re-presenting a past event so it becomes actively present. The understanding of the Eucharist as the recalling before God of the one sacrifice of Christ in all its accomplished and effectual fullness so that it is here and now operative by it effects is clearly brought out in all traditions of the early Church. And these traditions are in keeping with the oldest written account of the Eucharistic celebration; transmitted to us by the Apostle St. Paul, our second reading: I received from the Lord what I also handed on to you, that the Lord Jesus, on the night he was handed over took bread.... This is my body that is for you. Do this in remembrance of me....This is the cup of the new covenant in my blood. Do this as often as you drink it, in remembrance of me' (1 Cor. 11: 24-25). It is to this tradition that we are faithful this evening during this solemn celebration and indeed at every celebration of the Holy Sacrifice of the Mass. The unbroken, orthodox tradition of the Church does not deviate from the affirmation of this truth. The words of Institution, This is my Body, which will be given up for you. This is the chalice of my Blood, the Blood of the new and eternal covenant, are not just words of a story that we are recounting. They are the action of Christ. Clearly then, the sacred liturgy is the work of God in which we participate. We do not fabricate the sacred liturgy, nor is the liturgy about us. The sacred liturgy is not expressive but impressive; and what is impressed upon us is the Mystery of Christ our Saviour. Through the liturgy Christ, our redeemer and high priest, continues the work of our redemption in, with and through his Church (Catechism of the Catholic Church, 1069). The understanding of this engenders a reverence for the sacred rites and for everything associated with them: the church building, the altar, the sacred vessels, and yes, even for the sacred ministers, unworthy though they be of their office. The solemnity and beauty of Mass this evening is the norm for every Sunday Mass and Feast.

In the New Testament the word 'liturgy' refers not only to the celebration of divine worship but also to the proclamation of the Gospel and to active charity. In all of these situations it is a question of the service of God and neighbour (Catechism of the Catholic Church, 1070). This evening, as we celebrate the Mass of the Lord's Supper, we see the nature and purpose of the worship we offer to God reflected in the mysteries that we commemorate: the celebration of divine worship in the institution of the Eucharist, the proclamation of the Gospel in the institution of the priesthood and active charity in our Lord's command of brotherly love.

These three mysteries are interconnected; related one to the other as a unified whole; one leading to the other, distinct yet in some manner incomplete or not fully operative or effective in the absence of the others.

The mysteries that we commemorate this evening can also only be recognized by revelation and our knowledge of them can only deepen through faithful discipleship and an intense life of prayer. In their absence, we literally scratch the surface of our faith. So we must pray that we might have the courage to make our very own these words of the Apostle Paul: Indeed I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For His sake I have suffered the loss of all things... that I may know Him and the power of His resurrection (Phil. 3:8-10).

How is it possible for us to believe that Jesus Christ is truly present in the most Blessed Sacrament of the Eucharist – Body, Blood, Soul and Divinity – if not by divine revelation? We take our Lord's words at face value. Truth Himself speaks truly or there is nothing true: "This is the Body that will be given up for you; this is the Chalice of the new covenant in my Blood, says the Lord; do this, whenever you receive it, in memory of me" (1 Cor. 11: 24-25). After Mass, the Blessed Sacrament will be carried in procession through the church to the Altar of Repose in St. Joseph's Chapel and because we believe the Eucharist to be what Our Lord says it to be, namely His Real Presence, we will kneel in adoration, that is to say, in profound love, and endeavour to make reparation for the negligence and indifference with which the Blessed Sacrament in often received. If you wish, please follow the procession as we make our way through the church and is so doing renew your commitment to walk along the path of devout humility in union with our Saviour.

The three mysteries that this Mass commemorates are indeed at the heart of the greatest mysteries of the Redemption. Tomorrow, in the Solemn Commemoration of the Lord's Passion the truth of God's nature will be fully revealed in the Sacrifice of the Cross; and on Easter Sunday we will renew our Baptismal promises secure in the knowledge that to be in Christ is to be a new creation (Cf. 2 Cor. 5:17). Let us be one with our Lord this evening and in the coming days. Let us also be mindful always that the fullness of Good Friday, Easter and Pentecost is also compressed within the compass of every day's Mass; whether a solemn and glorious celebration such as this Mass or a quiet, prayerful and reverent Mass, such as we offer daily here throughout the year. Each time we participate in the sacred mysteries, the Pascha Domini (the Passover of the Lord), we die with Christ, we rise with Him and receive from Him the Spirit of Promise who transforms us and unites us to the Father in and through Christ. (Fr. M. Louis Merton, Seasons of Celebration).

The Easter Mystery is not celebrated only at Easter but every day in the year, because the Mass is the Paschal Mystery. This is the Mystery which establishes and forms us as a People; the Mystery in which we live, through which we are saved and with which we are intimately bound. This Mystery is the measure of reality. His Mystery is our Mystery. Let us ask Our Lord for a special grace this evening. Let us ask Him to teach all of us to pray the Mass, to live the Mass, to love the Mass and to discover anew the infinite beauty of the Mass; that our generation also may be united with His offering; and that we may be ever mindful that whenever the memorial of this sacrifice is celebrated the work of our redemption is accomplished (Prayer over the Offerings, Holy Thursday, The Roman Missal).